

BOWLED OVER AT BOLDMERE

19 Stourbridge Swimming Club swimmers made the journey to Stechford Cascades pool for the Boldmere Open Meet. With a total of 86 events to be swum between them, there was not much sitting around. The swimmers put in a tremendous effort with just under 80% of the swims resulting in a personal best time. And that's not all, there was plenty of bling with 19 of the events resulting in silverware for the individual concerned.

A special mention must go to Nat Dingley who was 4th overall for the females with an amazing 8 trophies from 10 swims, 4 of them for 1st place. Gemma Dudley managed pbs in all but one of her events, winning the 200 freestyle by taking over 7 seconds off her lifetime best time. Joe Horne came away with just one trophy but deserved far more, being in the top 6 in every one of his events. Every time Adam Horton, Sam Knowles and Bethan Walters took to the water, they took chunks off their best times. Tom McCallum also had 100% achievement of best times, one of which was over 17 seconds faster than he'd ever swum before. And not to be outdone, younger brother Matthew achieved 5 out of 6 of his events in record times for him. Rich Spoor was outstanding with 3 wins and a second place from 5 swims.

Their Coach, Stew Nicklin, said "I'm absolutely bowled over by what the swimmers have achieved. We are in really heavy training at the moment so to be any where near their personal best times is an achievement, but to smash them like they have is an absolute credit to the hard work they are putting in. I can't wait for the rest of the season!"

Stourbridge Swimming Club are currently on the look-out for new members so if your child is aged six or over and interested in joining this extremely successful Club, you can contact Head Coach Stew Nicklin on 07834 689178.